

Paediatric First Aid Course (12hrs)

Course Content

- ❑ Introductions. Health and safety instructions (toilets, fire regulations. etc)
- ❑ Aims of first aid. First Aiders' responsibilities. Delegation, communication and planning for emergencies
- ❑ Safety of First Aider. Priorities when approaching patient. Introduce B.B.C.F.S.
- ❑ Unconsciousness - causes of, approach, making contact; examination. Recovery position (adult/child)
- ❑ Respiration and circulation (anatomy & physiology) Asphyxia
- ❑ Respiratory arrest (adult/child). Calling for help
- ❑ Recap on unconscious patient protocols. Recap on resuscitation
- ❑ Practical management of unconscious patient. Resuscitation
- ❑ Choking
- ❑ First aid kits.
- ❑ Control of bleeding using first aid kit dressings
- ❑ Burns (including sunburn). Scalds and electric shock
- ❑ Recognition and treatment of shock
- ❑ Medical emergencies - diabetes, asthma, allergies, anaphylaxis and epipen's (bites and stings), febrile convulsions, meningitis, sickle cell anaemia
- ❑ Poisoning – swallowed or inhaled
- ❑ Fractures, dislocations, sprains & strains
- ❑ Head, neck and back injuries
- ❑ Caring for unwell children, sudden illness, medicines
- ❑ Foreign bodies – eyes, ears and nose
- ❑ Records and accident books
- ❑ Questions and revision as required